## 2023 Coast Hills Classic Mountain Bike Race Categories/Wave Start Times

Wave & Categories	<b>Distance</b>	<b>Start Time</b>
WAVE 1 Elite Men, Cat 1 Men 19-44, Singlespeed Men	21.6 miles	10:00 AM
WAVE 2 Cat 1 Men 45+, Cat 1 Junior Men, Cat 2 Men 14-18	21.6 miles	10:03 AM
WAVE 3 Elite Women, Cat 1 Women 19+, Singlespeed Women, Cat 1 Junior Women, Cat 2 Women 14-18	21.6 miles	10:06 AM
<u>WAVE 4</u> Cat 2 Men 19-39, Cat 2 Men 40-49	21.6 miles	10:09 AM
<u>WAVE 5</u> Cat 2 Men 50-59, Cat 2 Men 60+, Clydesdale 200+	21.6 miles	10:12 AM
<u>WAVE 6</u> Cat 2 Women 19-39, 40-49, and 50+	21.6 miles	10:15 AM
WAVE 7 Cat 3 Men 19-39, 40-49	10.8 miles	10:18 AM
<u>WAVE 8</u> Cat 3 Men 50-59, 60-69, 70+, Fat Bike*	10.8 miles	10:21 AM
<u>WAVE 9</u> Cat 3 Women 19-39, 40-49, 50-59, 60-69, 70+	10.8 miles	10:24 AM
<u>WAVE 10</u> Cat 3 Men 9-13 and 14-18, Cat 3 Women 9-13 and 14-18	10.8 miles	10:27 AM

Awards Ceremony will be held at the Race Tent Area directly after the end of the race.