

Coast Hills Classic Mountain Bike Race

Categories/Wave Start Times

<u>Wave & Categories</u>	<u>Distance</u>	<u>Start Time</u>
<u>WAVE 1</u> Elite Men Expert Men (Cat 1) 19-44 and 45+ Singlespeed Men	24 miles	10 AM
<u>WAVE 2</u> Elite Women Expert Women (Cat 1)	24 miles	10:02AM
<u>WAVE 3</u> Junior Expert Men Sports Men (Cat 2) 19-39 and 40-49	24 miles	10:06AM
<u>WAVE 4</u> Sports Men (Cat 2) 50-59 and 60+ Clydesdale 200+	24 miles	10:10AM
<u>WAVE 5</u> Junior Expert Women Sport Women (Cat 2) 19-39, 40-49, and 50+	24 miles	10:14AM
<u>WAVE 6</u> All Junior Men & Women 10-13 and 14-18	12 miles	10:18AM
<u>WAVE 7</u> Novice Men (Cat 3) 19-39, 40-49, and 50+	12 miles	10:20AM
<u>WAVE 8</u> Novice Women (Cat 3) 19-39, 40-49, and 50+	12 miles	10:24AM
Free Kids Race (2-10 years old) will be held at 12PM		
Awards Ceremony will be held around 1PM		